





Monday - September 29th	Tuesday - September 30th	Wednesday 1st	Thursday 2nd	Friday 3rd
Student Request/ New Item English Muffin with Egg, Cheese and Bacon Tater Tots Fresh Fruit , Peaches Ketchup	Nacho Taco Meat Tostitos Chips, Nacho Cheese Beans, Shredded Cheese Fresh Fruit, Pears Salsa & Sour Cream	Student Request-New Brand Chicken Patty Sandwich Baked Fries, Buttered Corn Fresh Fruit, Apple Slices Mayo, BBQ Sauce, Ketchup	Yom Kippur No School 	New Item Chicken Meatball Sub Chicken Meatballs, Marinara Sauce, Shredded Cheese, French Fries Carrots, Dipping Sauce Fresh Fruit, Pineapple
Monday 6th	Tuesday 7th	Wednesday 8th	Thursday 9th	Friday 10th
New Item Finger Lickin Mashed Potato Bowl Popcorn Chicken Mashed Potato, Corn Chicken Gravy Fresh Fruit , Peaches	Hot Diggity Dog Hot Dog WG Roll Baked Crinkle Fries & Baked Beans Crave -N- Rave Edamame Fresh Fruit, Pears Mustard, Ketchup, Relish	New Item Mini Chocolate Chip French Toast Sausage Links Tater Tots Maple Syrup Fresh Fruit, Apple Slices	Student Request/ New Item Chicken Parmesan Sandwich Chicken Filet, Marinara Sauce & Cheese Spicy Fries, Broccoli Fresh Fruit, Mixed Fruit Marinara for Dipping Sauce	New Item Fiery Chicken Finger Strips Baked Fries Carrots, Celery Fresh Fruit, Pineapple Ranch Dipping Sauce & Ketchup
Monday 13th	Tuesday 14th	Wednesday 15th	Thursday 16th	Friday 17th
Columbus Day No School 	National Dessert Day: Mozzarella Sticks, Smiley Fries Kick it Crunch Cheese Fava Puff Fresh Fruit, Mandarin Oranges Marinara Dipping Sauce JJ Bakery Apple Pie Dessert	New Item WG Cinnamon Waffles Sausage Hash Browns Maple Syrup Fresh Fruit, Apple Sauce	New Item Taco Burger Cheeseburger, Salsa and Sour Cream Scoops and Salsa Pea's Fresh Fruit, Mixed Fruit Mustard, Ketchup, Mayo	National Pasta Day: New Item Cheese Lasagna Rollups Texas Toast Side Salad W/ Dressing Fresh Fruit, Pineapple
Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd	Friday 24th
Student Request Spicy Chicken Wings, McCain Seasoned Fries Corn Fresh Fruit, Peaches Ranch Dipping Sauce & Ketchup	New Item: Power Meatball Bowl Meatballs in Sauce served over creamy mashed potato Crave -N- Rave Lentil Fresh Fruit, Pears Marinara Sauce and Cheese	New Item English Muffin with Egg, Cheese and Sausage Mini Hash Brown Maple Syrup Fresh Fruit, Apple Sauce	Student Request-New Brand Spicy Chicken Patty Sandwich Baked Fries, Broccoli Fresh Fruit, Mixed Fruit Mayo, Ranch Dressing Ketchup	New Item Breaded Cheese Ravioli Garlic Bread Sticks Side Salad W/ Dressing Fresh Fruit, Pineapple Marinara Sauce
Monday - October 27th	Tuesday - October 28th	Wednesday - October 29th	Thursday - October 30th	Friday - October 31st
WG Fish Sticks	New Item Baked Chicken Bites Mashed Potato, Broccoli, Crave -N- Rave Edamame Fresh Fruit, Mandarin Oranges Ketchup, BBQ Sauce, Mayo	New Item WG Blueberry Pancakes Chicken sausage Hash Brown Maple Syrup Fresh Fruit, Apple Slices	New Item Pizza Burger Cheeseburger, Pizza Sauce, Mozzarella Cheese Pasta Salad Steamed Broccoli Fresh Fruit, Mixed Fruit Mustard, Ketchup, Mayo	Happy Halloween! Bat Chicken Nugget Pumpkin Pretzel Kick it Crunch Cheese Fava Puff EEKS Sidekick Orange Cream Flavored Dipping Sauces
Daily Options				
Cold Sandwich Cold Sandwich / Wrap Deli Salad Pizza	Week 1 Turkey & Cheese, Bologna, Buffalo Chicken or SunButter Tuna Fish Max Pizza Sticks	Week 2 Ham & Cheese, Bologna Chicken Wrap or SunButter Chicken Salad Sal's Cheese Pizza	Week 3 Turkey & Cheese, Bologna, Buffalo Chicken or SunButter Tuna Fish, French Bread Pizza	Week 4 Ham & Cheese, Bologna Salami or SunButter Chicken Salad Buffalo Chicken Pizza
Available Every Day: Salads, Pizza Variety of Fruits, Vegetables and Milk				
This Institute is an Equal Opportunity Employer. Please notify server of food allergy. Menu is subject to Change				