

Mental Health Resources

Crisis Call Lines

- Emergency Services/Mobile Crisis Intervention
 - (800) 988-1111 24 hours/7 days per week
- Suicide Prevention 988 – call or text 24/7 - 988lifeline.org/chat
- Samaritans
 - <https://samaritanshope.org/>
 - <https://samaritanshope.org/get-help/resources/>
- Crisis Text Line
 - <https://www.crisistextline.org/> - Text: 74-1741
- Suicide Prevention & Crisis Line
 - 1-800-273-TALK (8255)

Local Behavioral Health Services

- Peabody Family Health Center
 - <https://www.nschi.org/locations/peabody-family-health/>
- NIE Behavioral Health
 - <https://www.niebh.com/>
- Ellie Mental Health
 - <https://elliementalhealth.com/locations/peabody-ma/>
- Lahey
 - <http://www.nebhealth.org>
- Eliot
 - <https://www.eliotchs.org/>
- Embrace Pathways
 - <https://embracepathways.com/>
- North Shore Counseling Services
 - <http://www.nsc-inc.com/>
- Arbor Counseling
 - <https://arbourhealth.com/treatment-services/>
- Children's Friend and Family Services
 - <https://jri.org/community-services/childrens-friend-and-family-services>
- Family Continuity
 - <https://familycontinuity.org/>
- NFI Massachusetts Inc
 - <https://www.nfima.org/>
- The Artful Life Counseling Center & Studio
 - <https://www.artfullifecenter.org/>

Online Access for connecting to Mental Health Clinicians

- Massachusetts Behavioral Health Access
 - <https://www.mabhaccess.com/Home.aspx>
- Psychology Today
 - <https://www.psychologytoday.com/us>
- Youth at Risk Resource Guide
 - Pathways for Children <https://www.yarguide.org/>
- William James Interface
 - 888-244-6843 (toll free); 617-332-3666 (local)
 - <https://interface.williamjames.edu/>
- North Shore Community Health
 - Patient Info - <https://www.nschl.org/>
- CBHC – Community Behavioral Health Centers (Danvers/Lynn) Masshealth and Optum 888-769-5201 <https://www.eliotchs.org/cbhc/>
- CBHI – Children’s Behavioral Health Initiative
 - <https://www.mass.gov/doc/masshealth-behavioral-health-services-for-children-and-youth-aged-20-and-younger-a-guide-for/download>
 - Finding CBHI providers: <https://www.mabhaccess.com/Home.aspx>

Resources for families with younger students

- MCUICD
 - <https://www.magriecenter.org/home>
 - <https://www.magriecenter.org/school>
- National Alliance for Children’s Grief
 - <https://nacg.org/>
- Sesame Workshop
 - <https://sesameworkshop.org/topics/grief/>
- Care Dimensions
 - <https://www.caredimensions.org/grief-support/childrens-programs/Childrens-Grief-Resources>
- Dougy Center
 - <https://www.dougy.org/grief-support-resources>