

# "RUN FOR THE ROSES" Fundraiser Event



#### TICKETS AVAILABLE AT WWW.PEABOD/EDFOUNDATION.ORG

# **Career Day**



### Career Day is BACK at PVMHS! | Thursday April 13th, 2023: 9–11am

The Peabody Education Foundation is currently looking for local businesses and nonprofit organizations to participate in their 2023 Career Day! Annually, the Peabody Education Foundation hosts a Career Day at Peabody Veterans Memorial High School to give students exposure to professions or fields that they may know little about.

This year, we have scheduled Career Day to be held at PVMHS on Thursday morning, April 13th, 2023 from 9-11am. The event will be conducted in a trade show format, with over 500 students expected to participate.

If you know of any businesses or organizations that would like to participate in Career Day, please have them register on the PEF website at: <a href="https://peabodyedfoundation.org/programs/career-day/">https://peabodyedfoundation.org/programs/career-day/</a>

# The Cara E. Murtagh Memorial Scholarship



# Do You Know a Student Interested in Pursuing a Career in Education?

Do you know of a student interested in pursuing a career in the field of education, possesses a strong work ethic, demonstrates excellent organizational and preparation skills, is engaged in the community, has achieved good academic standing, and is self-motivated?

The Cara E. Murtagh Memorial Scholarship is provided by the Peabody Education Foundation as a way to honor our dear friend Cara's memory. On a yearly basis, we award a PVMHS senior with a scholarship to help with their college education. Cara was an active member of our Foundation where she spearheaded many of our programs and events.

After Cara's passing, the Murtagh family had generously asked that in lieu of flowers, donations be made to the Peabody Education Foundation. Donations and messages came in from across the country attesting to the love and admiration so many shared for her. Through this Scholarship, we hope to preserve Cara's dedication and commitment to the education of the school children of Peabody for years to come.

This year, we are thrilled to present a second scholarship through the generosity of the Splaine Family Trust!

Please encourage them to apply for the Scholarship at: https://www.peabodyedfoundation.org/scholarship/

The deadline is Friday, April 14, 2022.

# **George Peabody Legacy Awards**



### Would You Like to Nominate a Fellow Educator Who Has Gone Above & Beyond?

Do you know an educator who has had a lasting impact on education, effects change for the good of the people over a significant period of time, is an active member in the Peabody Community, is a tireless advocate for the betterment of Peabody students, and lives or works in Peabody?

The George Peabody Legacy Award is presented by the Peabody Education Foundation to recognize and honor the educators and philanthropists from within the community who work to provide a lifetime of contributions to our educational system. It is an honor to recognize educators who have gone above and beyond to make a lasting difference in the lives of their students. In the classroom they are both learners and facilitators of learning. They attend to the social and emotional needs of their students making a lasting, positive impact by providing a progressive learning atmosphere meeting the needs of every, individual child.

To nominate a worthy candidate, please visit our Legacy Awards webpage below and tell us all about them! <u>https://www.peabodyedfoundation.org/george-peabody-legacy-awards/</u>

### The Deadline is Friday, August 4, 2023.

The Legacy Awards Ceremony is scheduled to be held at the Higgins Middle School on October 19, 2023. Information regarding purchasing tickets will be available in September 2023.

# **Mental Wellness Initiative**



### It's been a busy year for the Mental Wellness Initiative!

#### **Elementary Schools:**

In February and March, the PEF sponsored <u>TIGER</u> performances at all eight elementary schools for a total of 12 shows! TIGER is a professional theater company out of Plymouth State University in New Hampshire, designed to help children, schools, parents, and communities deal positively and proactively with social issues and concerns facing children in schools today.



**"Think Spaces"**, small areas in each classroom where students will be able to calm down, think, and reflect when they are anxious or emotional, are in the process of being rolled out in all elementary schools. The spaces help address the social-emotional needs of students and are increasingly used across the Commonwealth. The areas will be equipped with comfortable furniture, emotions posters, strategy ideas, and fidget tools. The initiative to add "Think Spaces" to each classroom came about as School Adjustment Counselors collaborated and looked across

the district to find common needs across schools. Counselors identified that students needed a space to regroup their thoughts and feelings before returning to schoolwork. Adding a "Think Space" to every classroom will make accessing such spaces more convenient and less stigmatizing for children. The J.B. Thomas–Lahey Foundation has generously donated the \$17,000+ needed to fund this program in its entirety.

#### Middle School:

At the Higgins Middle School, **Calm Strips** will allow guidance counselors to teach students a mindfulness skill that can help them to find a feeling of calm throughout their school day and beyond. Calm Strips are reusable sensory tools to help regulate restless energy.

#### High School:

On February 3, 2023, the PEF and the Peabody School Department were pleased to bring **Dr. Adolph Brown** to PVMHS to speak to all High School students. An award-winning author, highly soughtafter corporate thought leader, television personality and distinguished master teacher, Dr. Brown's unconventional approach has been enormously empowering, and it transcends differences of every kind – political, philosophical, religious, socioeconomic, generational, gender, lifestyle, etc. Dr. Brown is admired around the world for his simple, yet powerful, universal, timeless teachings.



#### **Teachers:**

On March 17, at the conclusion of Professional Development Day, the PEF hosted an **ice cream social** at the Higgins Middle School and PVMHS as a thank you to Peabody teachers and staff for all of the work they do throughout the year for our students! Special thanks to Treadwell's Ice Cream for donating the ice cream and to all of our PEF volunteers!



Special thanks to our Mental Wellness Initiative Sponsors!Lyon-Waugh Auto GroupJB Thomas-Lahey FoundationNorth Shore BankGraVoc Charitable Foundation

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